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## Daily Digest: Fleet Landing executive chef spends Sundays with 2 kids, eating around town

BY KALYN OYER KOYER@POSTANDCOURIER.COM

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Andy McLeod is the executive chef at Fleet Landing. Provided

*This is part of The Post and Courier's Daily Digest series, in which one of our food reporters asks a local to describe a day of eating in detail. Interested in being featured in Daily Digest? Email [pmilner@postandcourier.com](mailto:pmilner@postandcourier.com).*

**Andy McLeod, the executive chef of [Fleet Landing](#), resides in Goose Creek.**

Sundays are my favorite day of the week because I get to spend an entire day exploring Charleston with my two kids, Charlie and Lana.



**FOOD**

Daily Digest: Turning food into high-power laser, light art

BY ALAN HOVORKA [AHOVORKA@POSTANDCOURIER.COM](mailto:AHOVORKA@POSTANDCOURIER.COM)

Our mornings always begin with cooking a big breakfast. I've been working in kitchens for over 15 years, and I love being able to share my passion for cooking with my kids. Even at just 6 years old, Charlie has mastered the art of scrambling eggs from start to finish, and Lana loves to help with mixing pancake batter. After we've loaded up on bacon, eggs and pancakes, we get ready to spend the rest of the day outdoors.

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Since most of my days are spent in the kitchen at Fleet Landing, my days off are dedicated to spending as much time as possible outside. Recently, one of our favorite pastimes has been going to [Old Santee Canal Park](#) in Moncks Corner. We love the Santee park because of the range of activities we can enjoy like kayaking, canoeing and walking the trails.



**FOOD**

Daily Digest: Clean-out-the-fridge breakfast cooked in a Smithey cast-iron skillet

BY PARKER MILNER [PMILNER@POSTANDCOURIER.COM](mailto:PMILNER@POSTANDCOURIER.COM)

A stop at [Mozzo Deli](#) for lunch is a must, and after a full morning of adventuring, our afternoons are usually spent in the craft corner of our house where Lana and Charlie love to paint.

Dinner at [Lewis Barbecue](#) is our favorite way to end Sundays, enjoying the outdoor patio, casual atmosphere and delicious food.

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In addition to spending time with my kids, I'm an avid coffee enthusiast. Coffee is a big part of my breakfast routine, and most days start with making pour-over coffee using beans from Good Coffee Roasters. I love discovering new blends and unique beans from [Balzac Brothers & Company](#) on Fulton Street. When I'm not making my own, [Kudu](#) is my go-to spot for coffee downtown.



**FOOD**

Daily Digest: Snacking on Anne's Charleston Cheese Biscuits before a home-cooked dinner

BY PARKER MILNER [PMILNER@POSTANDCOURIER.COM](mailto:PMILNER@POSTANDCOURIER.COM)

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## **KALYN OYER**

Kalyn Oyer is a Charleston native and the features editor for The Post and Courier. She's a music festival and concert photographer and avid showgoer who used to write about music for the Charleston City Paper as well as national publications.