## VEGETARIAN LUNCH MENU ★

Baked Spinach & Artichoke Dip1	2
Feta, Parmesan, & Cheddar Cheeses with Tortilla Chips	
Pasta with Vegetables1	16
Sauteed Seasonal Vegetables, Angel Hair Pasta, Asiago, & Basil Pesto	
Black Bean Burger1	12
Shredded Lettuce, Tomato, & Pepper Jack Cheese on Roll with Avocado Aioli	
Fried Green Tomato "LT" (without bacon)1	14
Smoked Gouda, Arugula, & Roasted Red Pepper Remoulade on Toasted Roll	
Fleet Landing's House Salad	9
Choice of Balsamic Vinaigrette, Blue Cheese Dressing, or Creamy Pepper Parmesan	
Iceberg Wedge Salad 1	
Balsamic Tomatoes, Crumbled Blue Cheese, Shaved Red Onion, & Carrot Curls with Blue Cheese	
Dressing (without bacon)	
Baby Spinach Salad 1	
Shaved Red Onion, Grape Tomatoes, Grilled Shiitake Mushrooms, Goat Cheese, & Carrot Curls with	
Balsamic Vinaigrette (without bacon)	
Sides Platter (choice of 3)1	0
Sides Platter (choice of 4)	2

## ★ SIDES ★

Southern Slaw French Fries
Green Beans Lowcountry Grits
Cucumber & Tomato Salad Pasta Salad
Six Hushpuppies Fried Okra
Seasonal Mixed Vegetables



## GLUTEN-FREE LUNCH MENU ★

Chilled Oysters on the Half Shell (without crackers)*Market Price
Single Select Oysters with House-made Cocktail Sauce
Baked Spinach & Artichoke Dip1
Feta, Parmesan, & Cheddar Cheeses with Tortilla Chips
Chilled Blue Crab Dip (with chips instead of crackers)
Peel N' Eat Shrimp **GF but not celiac, as they're cooked in beer**
(1/4 lb.)
(1/2 lb.)
Served Chilled with Old Bay Seasoning
Grilled Chicken Sandwich (without bread)1
Smoked Gouda, Applewood Smoked Bacon, Shaved Red Onion, Tomato, & Arugula with Honey
Mustard
Classic 8 oz. Black Angus Hamburger (without bread)* 1
Shredded Lettuce, Tomato, & Red Onion
Add: Pimento Cheese, Pepper Jack, American, or Cheddar (.50)
Add: Applewood Smoked Bacon (1.50)
Blackened Triggerfish Sandwich (without bread) 1
Avocado Aioli, Pepper Jack Cheese, Shredded Lettuce, & Tomato
Seared Salmon* (without red rice)1
Served with Green Beans & Lemon Dill Shallot Butter
Chef's Fresh Fish Selection* (with the exception of encrusted, without red rice)Priced Dai
Served with Vegetable of the Day
All Salads (with the exception of Steak Salad and protein additions of crab cake or fried oysters, no croutons

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

